

Lavender at Home

A Simple DIY Guide

This collection brings together traditional, easy-to-follow lavender projects designed for everyday life. Each guide reflects a thoughtful, uncomplicated approach — allowing lavender to remain familiar, useful, and quietly present.

Lavender Bath Salts

Lavender bath salts create a calm, grounding bathing experience without complexity.

You'll Need

- Epsom salt
- Sea salt
- Dried lavender buds
- Lavender essential oil (optional, diluted)
- Glass jar

How to Make

1. Combine salts in a bowl.
2. Add dried lavender buds.
3. If using essential oil, add sparingly and mix well.
4. Transfer to a clean jar and seal.

How to Use

Add ½ cup to warm bathwater and allow to dissolve.

Lavender Bath Oil

Bath oil adds moisture and gentle fragrance to the bath.

You'll Need

- Lavender-infused oil
- Optional: vitamin E oil
- Glass bottle

How to Make

1. Pour infused oil into a glass bottle.
2. Add vitamin E if desired.
3. Shake gently before use.

How to Use

Add a small amount to bathwater after filling the tub.

Lavender Lotion Bars

Lotion bars are solid moisturizers that soften with body warmth.

You'll Need

- Lavender-infused oil
- Beeswax
- Shea butter or cocoa butter
- Saucepan and heat-safe jar
- Silicone molds or tins

How to Make

1. Create a gentle water bath.
2. Melt equal parts oil, butter, and beeswax.
3. Stir gently and pour into molds.
4. Allow to cool completely.

How to Use

Warm briefly in hands and apply to dry skin.

Making a Lavender Pomander

Lavender pomanders are a traditional way to enjoy dried lavender while adding a simple decorative element to the home. This project is unhurried and forgiving, and it allows the lavender itself to take center stage.

What You'll Need

- A polystyrene ball (approximately 7 cm in diameter)
- Dried lavender
- Ribbon
- A tassel (purchased or handmade from thread)
- Large beads
- A metal skewer
- PVA glue
- Florist wire and pliers
- Lavender essential oil
- A small spray bottle

Method

Begin by carefully poking a hole straight through the center of the polystyrene ball using the metal skewer. Doing this first makes the rest of the process easier, as the skewer gives you something to hold while working. I found it helpful to leave the skewer in place during the gluing stage.

Cover the entire surface of the ball with PVA glue, then gently press the dried lavender into the glue, working your way around until the ball is fully covered. Allow this to dry completely.

Once dry, check the surface carefully. Remove any stray stems and fill in small gaps as needed. The finished layer of lavender should be even, roughly about half a centimeter thick.

Because a pomander this size uses a relatively small amount of lavender, the fragrance may be subtle. To enhance it, lightly spray the surface with lavender essential oil and allow it to dry again before continuing.

Finishing the Pomander

When the lavender has fully dried, carefully remove the skewer. Thread a short length of florist wire through the center of the ball. The wire should be long enough to create a small loop at both the top and bottom.

At the bottom, attach the tassel by wiring it through a large bead. The bead helps anchor the tassel and prevents it from pulling upward.

At the top, tie the hanging loop onto the wire loop, adding a couple of beads for decoration if desired. Finish by tying a ribbon bow at the top to conceal the wire and create a clean, finished look.

Crafting Notes

- To apply the essential oil evenly, I poured a 10 ml bottle of lavender essential oil into a small spray bottle.
- When using essential oil, keep the pomander away from polished, painted, or synthetic surfaces, as oils may leave marks.
- Adding essential oil allows you to choose dried lavender for color rather than fragrance, which can be helpful if you prefer deeper blue varieties.
- The pomander can be refreshed occasionally with a light spritz or a drop or two of oil.
- A high-tack PVA glue works especially well, as it helps hold the lavender in place while drying.

A Note From the Farm

Lavender pomanders are meant to age naturally. Over time, the color softens and the fragrance settles, becoming quieter and more familiar — a gentle presence rather than a statement.

Lavender Ball Garland

A garland adds fragrance and softness to a space.

You'll Need

- Finished lavender balls
- Natural twine or ribbon

How to Make

1. Space balls evenly along twine.
2. Tie or stitch in place.
3. Hang where disturbance is minimal.

Lavender as a Natural Insect Repellent

Lavender's scent has traditionally been used to discourage insects.

Simple Uses

- Sachets in drawers or closets
- Lavender balls near entryways
- Lightly scented sprays (test first)

Gentle Spray

Mix water with a small amount of diluted lavender oil. Shake before use.

Lavender Potpourri

Potpourri allows lavender to remain present long after harvest.

You'll Need

- Dried lavender buds

- Optional dried citrus peel or herbs
- Bowl or fabric sachet

How to Make

1. Combine dried materials.
2. Mix gently.
3. Display in bowls or bags.

To refresh, lightly crush buds between fingers.

Care & Storage Tips

- Store dried lavender in cool, dry spaces
- Avoid humidity and direct sunlight
- Handle gently to preserve fragrance

A Note From the Farm

These projects reflect lavender's quiet usefulness. When kept simple and used with care, lavender becomes part of daily life rather than something set aside.

This guide reflects traditional and educational uses of lavender.