

Edelweiss Lavender

Lavandula x intermedia Edelweiss

JW Farms 7



Edelweiss Lavender is a hybrid of *Lavandula* Evergreen that produces white flowers instead of the traditional purple / lavender.



Lavender's use dates back thousands of years. The name itself originates from the Latin word "lavare," which means "to wash." Ancient Egyptians used lavender in the mummification process, while Romans added it to their baths for its aromatic and purifying qualities. Throughout history, lavender has symbolized cleanliness, tranquility, and healing.

It is a hardy perennial evergreen that may have more than one blooming season if blooms are cut properly.

Edelweiss is used as a Butterfly, Culinary, Dried Flower, Fragrant, Ornamental. White Grosso is the other white lavender plant. Edelweiss grows wider. The flowers appear light pink before budding out to a pure white flower. It is intensely fragrant and can be used in crafts like making a wreath or potpourri.



In medieval Europe, lavender was commonly used in homes to ward off pests and foul odors. It was often included in linen sachets to scent clothing and linens. As the centuries progressed, lavender gained popularity in herbal medicine. Traditional herbalists recognized its calming properties and utilized it to treat various ailments, including anxiety, insomnia, and digestive issues.

Calming
 Anxiety
 Sleep
 Skin
 Wound Healing
 Digestive
 Burns
 Stress
 Pain
 Hair
 Culinary
 Teas
 Cognitive Support
 Strep
 Acne
 Cuts
 Inflammation
 Menstrual Pain
 Viruses
 Colic
 Dandruff
 Bug Repellent
 Bloating
 Heart Health
 Improves Cognition
 Gallbladder
 Asthma
 Hair Loss
 Head Lice
 Teething Pain
 Disinfects Clothes Wash
 Dries Pimples
 Ear Aches
 Immunity
 Soothes Itching
 Blood Circulation
 HBP



Lavender's story stretches back over 2,500 years. Ancient Egyptians used it for mummification, while the Greeks and Romans prized it for its fragrance and medicinal qualities.



The Anti's:

Antioxidant
 Anti-Inflammatory
 Antidepressant
 Antiseptic
 Antibacterial
 Antifungal
 Anti-aging
 Antimicrobial
 Antiviral

JW Farms 7



Looking to add lavender to your apothecary? Here are a few ideas to inspire you:

- Lavender Essential Oil: Ideal for diffusers, topical use, and aromatherapy.
- Lavender Bath Salts: A relaxing addition to baths, especially when combined with Epsom salts.
- Lavender Skin Balm: Great for soothing skin and minor cuts.
- Lavender Sachets and Pillows: For placing in closets, drawers, or under pillows to promote relaxation.
- Lavender-Infused Oil: Perfect for massages and skincare, especially for dry or irritated skin.
- Lavender Tea Blends: Pair with chamomile, lemon balm, or other calming herbs for a soothing tea.

Caution

Possible Skin irritation.

DO NOT Use if Pregnant or Breastfeeding.

Caution when using with children.

Possible Allergies to plants in the Lamiaceae family.